BALTIC ROAD CHAMPIONSHIPS 2024 TECHNICAL GUIDE

1. EVENT MANAGEMENT

Baltic Road Championships 2024 is organised by Estonian Cyclists Union (Tondi 84, Tallinn) in collaboration with Pro Cyclists Club, Latvian Cycling Federation and Lithuanian Cycling Federation.

Baltic Road Championships 2024 is organized according to UCI Regulations from 19th to 22nd June 2024 and includes Lithuanian, Latvian and Estonian national road race championships (UCI CN).

| Race director | Allar Tõnissaar | +372 501 4427 | Allar.tonissaar@gmail.com |
|-------------------------------|-----------------|----------------|---------------------------|
| President of the | Mihkel Nanits | +372 5568 9622 | mihkel.nanits@gmail.com |
| Commissaire's Panel | | | |
| Race secretary | Evelin Idarand | +372 5360 5100 | ejl@ejl.ee |
| Head of Security | Raino Verliin | +372 5083 259 | verliin@motohunt.ee |
| Race doctor | | | |
| Lithuanian Cycling Federation | Tomas Gaubys | +370 620 25195 | t.gaubys@ldsf.lt |
| Latvian Cycling Federation | Toms Markss | +371 2625 5435 | toms@lrf.lv |
| Estonian Cyclists Union | Urmas Karlson | +372 502 4403 | ejl@ejl.ee |

2. MEDICAL SERVICES

Medical assistance is provided at the start and finish area. During the competition the ambulance serving the event will drive behind the cars accompanying the peloton.

Nearest hospital is Lõuna-Eesti hospital (Meegomäe, 65526 Võru maakond).

3. PROGRAMME

18.06.24 Tuesday

16.00-18.00 Confirmation of riders and numbers distribution for Road Races (Estonian Road Museum Varbuse, Kanepi vald 63122 Põlva maakond).

19.00 Team managers meeting via Teams (meeting link)

19.06.24 Wednesday

Competition centre is next to Estonian Road Museum (Varbuse, Kanepi vald 63122 Põlva maakond) Course is on a 20.2 km lap

08.00-15.30 Numbers distribution for Road Races

10:00 W16, WJ 60,6 km (3 laps) 12:30 M16 80,8 km (4 laps)

12.35 Award ceremonies (W16, WJ)

15:30 WU23 80,8 km (4 laps)

15:40 M65+, W50+ 40,4 km (2 laps)

15.45 Award ceremonies (M16)

18:00 Award ceremonies (WU, M65-69, M70-74, M75-79, M80+, W50-54, W55-59, W60-64, W65-

69, W70-74, W75-79, W80+)

20.06.24 Thursday

Competition centre is in Võru centre (Seminari väljak, Võru, 65608 Võru maakond)

Course is on a 23.37 km lap

09.00-13.30 Numbers distribution for Road Races

10:00 MJ 116,9 km (5 laps) 14:00 MU23 140,2 km (6 laps)

14.05 Award ceremonies (MJ)

17:30 Award ceremonies (MU)

18:00 Coffee ride (gathering from 17.30) ~50 km

21.06.24 Friday

Competition centre is in Võru centre (Seminari väljak, Võru, 65608 Võru maakond)

Course is on a 23.37 km lap

10.00-16.30 Numbers distribution for Road Races

11.45 M50-64 93,5 km (4 laps) 15:00 WE, W19-49 116,9 km (5 laps)

15.05 Award ceremonies (M50-54, M55-59, M60-64)

18.15 Award ceremonies (WE, W19-34, W35-39, W40-44, W45-49)

22.06.24 Saturday

Competition centre is in Võru centre (Seminari väljak, Võru, 65608 Võru maakond)

Course is on a 23.37 km lap

09.00-13.00 Numbers distribution for Road Races

10.00 M19-49 116,9 km (5 laps)

10.00 Vintage bike exhibition

11.00 Children's races (for up to 10-year olds) 400 m - 2 km

13.15 Retro Race - Oldschool Heroes 10 km

13.30 Award ceremonies (M19-34, M35-39, M40-44, M45-49)

14:00 ME 163,6 km (7 laps)

18:00 Award ceremonies (ME)

4. PARTICIPATION

Baltic Road Championships 2024 is open to Lithuanian, Latvian and Estonian cyclists who own UCI licence.

| Age category | Age | Birth year |
|--------------|--------------|------------------|
| M/W16 | 15-16 | 2008-2009 |
| M/WJ | 17-18 | 2006-2007 |
| M/WU | 19-22 | 2002-2005 |
| M/WE | 23 and older | 2001 and earlier |
| M/W 19-34 | 19-34 | 1990-2005 |
| M/W 35-39 | 35-39 | 1985-1989 |
| M/W 40-44 | 40-44 | 1980-1984 |
| M/W 45-49 | 45-49 | 1975-1979 |
| M/W 50-54 | 50-54 | 1970-1974 |
| LAT W50+ | 50+ | 1974 and older |
| M/W 55-59 | 55-59 | 1965-1969 |
| M/W 60-64 | 60-64 | 1960-1964 |
| M/W 65-69 | 65-69 | 1955-1959 |
| M/W 70-74 | 70-74 | 1950-1954 |
| M/W 75-79 | 75-79 | 1949-1945 |

According to UCI regulations (1.2.028) Men and Women Under 23 riders can participate in the separate Under 23 race and in the Elite race. In Elite race they will race for the Elite champion title.

5. REGISTRATION

Registration takes place on Estonian Cyclists Union's registration portal: https://iseteenindus.ejl.ee/en/register

Registration opens on Friday, May 6 and ends on Thursday, June 13 at 24:00.

Participation fee

Participation fee must be paid at registration. Only those participants who have paid the participation fee before June 13 at 24:00 will be included in the list of participants.

Age category

M/W16; M/WJ; M/WU; M/WE M/W Masters 19-80+ **Participation fee**

0 EUR 20 EUR

6. RANKINGS

The ranking of the competitors will be determined on the basis of the time taken to complete the race. For WE and ME riders UCI points are awarded according to the UCI regulations article 2.10.008 and 2.10.017.

7. RACE CENTRE

On June 18-19 the competition centre will be located in Estonian Road Museum (Varbuse, Kanepi vald 63122 Põlva maakond: Google Maps).

On June 20-22 the competition centre will be located in Competition centre is in Võru centre (Seminari väljak, Võru, 65608 Võru maakond: Google Maps).

8. CONFIRMATION OF STARTERS AND TEAM MANAGERS MEETING

Licenses will be checked at the secretariat on the basis of pre-registration.

For all categories the final confirmation of the starters will take place on:

18 June at 16.00-18:00 in Estonian Road Museum. Athletes can also be confirmed via e-mail ejl@ejl.ee (names and competition classes of the confirmed athletes must be specified in in the mail).

For all categories distribution of competition materials will take place on:

18 June at 16.00-18:00 in Estonian Road Museum

19 June at 08.00-15.30 in Estonian Road Museum

20 June at 09.00-13.30 in Võru centre

21 June at 10.00-15.30 in Võru centre

22 June at 09.00-13.00 in Võru centre

NB! Competitors who are properly pre-registered and whose absence has not been notified to the general secretary by the team representative during the final confirmation of the starters, will be entered in the official list of starters. According to UCI CR art.1.2.055, a competitor on the official list of starters without a medical certificate is penalized with a fine for not starting.

Timing chips are issued with start numbers and must be returned to the secretariat immediately after the race. If the chip is lost or not returned, the contestant will be fined €50.

Team managers meeting will be held on June 18 at 19:00 via Teams.

9. NEUTRAL TECHNICAL SUPPORT

The organisers will provide neutral technical assistance for road races.

For the road races the maximum number of team cars in the convoy is 15 per race. For each country there are 5 car places per race. Every federation will present combined team cars to the organising federation's email ejl@ejl.ee by 17 June at 12.00.

The drawing lots for team cars will be held at the end of the team managers meeting 18.06 19.00.

The order of team cars in the race will be determined as follows:

- 1. In between combined list of teams presented to the organizing federation.
- 2. If the number of cars per race is less than 15 and team managers present at the team managers meeting want candidates for the free places a second order will be determined in between these teams.

The driver of the escort car must have a valid UCI licence. The names of the drivers of team cars with their contacts and UCI IDs must be submitted to the PCP. The information about the competition is transmitted through Radio Tour in Zello application.

10. OFFICIAL PRIZE CEREMONY

The winner of the race will be named Baltic champion and will be awarded with a prize from competition partners. The second and the third place winners will be awarded with a prize from competition partners.

Official awards ceremony must be attended by all athletes who have won prizes in their age category. Athletes who do not appear for the award will lose their right to prizes and may be fined in accordance with the UCI regulations.

Riders must take part in the prize ceremony wearing their race clothing. The prize ceremony must not be attended with a hat, headband, glasses or other face-covering accessories.

Prize money

| Men Elite | | Women Elite, Women 19-49 | |
|-----------|--------|--------------------------|--------|
| I place | 1 000€ | I place | 1 000€ |
| II place | 600€ | II place | 600€ |
| III place | 400€ | III place | 400€ |

| Men Junior | | Women Junior, Women 16 | |
|------------|------|------------------------|------|
| I place | 500€ | I place | 500€ |
| II place | 300€ | II place | 300€ |
| III place | 200€ | III place | 200€ |

National Medals per country

| Estonia | Latvia | Lithuania |
|----------------------------------|----------------------------------|----------------------------------|
| M/W16 | M/W16 | M/W16 |
| M/WJ | M/WJ | M/WJ |
| M/WU | M/WU | M/WU |
| M/WE | M/WE | M/WE |
| M/W Masters (all age categories) | M/W Masters (all age categories) | M/W Masters (all age categories) |

11. TIME LIMITS

Riders finishing in a time exceeding that of the winner by more than 8% will not be classified. Riders getting lapped by the leader will be eliminated.

12. PENALTIES

The UCI penalty scale is the only applicable.

13. ANTI-DOPING

UCI and Estonian anti-doping rules apply to competition, and SA Eesti Antidoping has the right to conduct doping control among all participants. More information at: http://www.antidoping.ee.

Every registered athlete must be ready for doping control. Refusing doping control or evading doping control is considered a doping rule violation. The athlete is obliged to follow the rules of fair play, antimanipulation of sports competitions and sports security.

14. OTHER INFORMATION

Information about the competition is available in the website: https://www.ejl.ee/balticroad24/

All questions not defined in the technical guide are resolved by the Commissaires Panel based on UCI regulations.

Accommodation can be found on Visit Võru webpage https://www.visitvoru.ee/accommodation.

For the Radio Tour, you can join the Zello channel on the website https://zello.com/balticroad24 or with the QR code:



